NEWHAM
FAMILY HUB
NETWORK

Newham London



Newham Family Hub Network

1 January-31 March 2025

FREE OF CHARGE

Support & Activities for Families of All Ages
Includes Start for Life Offer
(0-5 years)

Family Hubs contact:
020 3373 2555 familyhub@newham.gov.uk

newham.gov.uk/familyhubnetwork

WE ARE NEWHAM.

Welcome to the Newham Family Hub Network!

The Newham Family Hub Network is organised into four localities – **EAST**, **SOUTH**, **WEST**, and **CENTRAL** – designed to help families access services and resources more effectively across the borough. By dividing Newham into these localities, the network tailors services to specific community needs, avoids duplication, and ensures efficient use of resources for better coverage. This integrated approach brings together multiple services such as health, education, childcare, and youth programs under one roof, making support more accessible and reducing travel for residents.

Local Hubs help strengthen community connections by encouraging families to get involved. They offer many services in one place, making it quicker and easier for families to get the help they need.

Family Navigators are key in helping you find the right services and support in Newham, guiding you to what you need, when you need it such as:

- Financial support and benefits advice
- Employment assistance
- Housing support and homelessness help
- Domestic violence and abuse support
- Help for refugees and asylum seekers
- Alcohol and substance use support

The Newham Family Hub Network provides advice, support, and opportunities for families to connect. It simplifies access to early childhood, health, education, and community services, ensuring a smooth, supportive experience for all families in Newham.

Watch resident animation

Stay Updated:

Stay updated by signing up for our email newsletter! Click here or scan the QR code.

View our latest email newsletter on: newham.gov.uk/FamilyHubNetwork

Newham Family Hub Network - 1 January-31 March 2025

Best Start For Life Strands

Family Hubs provide tailored guidance, resources, and opportunities to nurture confident, happy families and communities.

Infant Feeding
Support and information from our skilled team via the helpline, baby feeding cafes, and workshops.

Perinatal Mental Health Support
Mental health assessments, counseling, therapy, and specialist health visitor support.

Parenting and Relationship Support
Peer support, parenting courses, digital resources, and advice for confident parenting.

Parent and Caregiver Panel
A space to share experiences, provide feedback, and suggest service improvements..

Early Language and Home Learning
Stay and play sessions, tailored workshops, home learning resources, and specialist support.

Start to Life
Antenatal and maternity support, health visitor services, and digital resources for the first 1,001 days.

SEND Support Services
Specialist advice, workshops, learning support, emotional and peer support.

Youth Services
Activities for youth aged 10-25, led by qualified youth workers to enhance social and emotional learning.

Closure date for Family Hubs

Family Hub @ East Ham Library: Open: Monday, 23 December: 9:30–12 & 1–3, Tuesday, 24 December: 9:30–12.
Closed: From 12pm on 24 December. Reopens: Thursday, 2 January 2025.
Family Hub @ Manor Park Children's Centre:
Closed: Monday, 23 December–Monday, 6 January. Reopens: Tuesday, 7 January.
Family Hub @ Shipman Youth Zone: Closed: 23 December–1 January 2025.

Family Hub @East Ham Library

Unless otherwise stated, all activities are held at:

Family Hub @East Ham Library

328 Barking Road, E6 2RT
020 3373 2555
easthamfamilyhub@newham.gov.uk

Closure dates

Open: Monday, 23 December: 9:30–12 & 1–3, Tuesday, 24 December: 9:30–12.
Closed: From 12pm on 24 December.
Reopens: Thursday, 2 January 2025.

Buses to East Ham Library:

Bus Number	Route
5	From Canning Town to Romford
58	From Walthamstow to East Ham
101	From Beckton to Wanstead
104	From Stratford to East Ham
115	From Aldgate to East Ham
147	From Ilford to Canning Town
300	From East Beckton to Canning Town
325	From East Beckton to East Ham
376	From Beckton to Redbridge
474	From Canning Town to Manor Park

Nearest Bus Stops:

- Stop J (East Ham Library – Buses 5, 58, 104, 115, 147, 300, 325, 376)
- Stop B (East Ham Town Hall – Buses 101, 104)

Summary of Bus Routes Serving All Hubs:

Bus Number	Route
101	Serves Manor Park, East Ham Library
147	Serves Shipman Youth Zone, East Ham Library
474	Serves Manor Park, Shipman Youth Zone, East Ham Library

Other venues

Altmore Children's Centre
Altmore Avenue, East Ham, E6 2BX
020 8552 6604 | 07572 440 457
childrenscentre@alfederation.com
altmore.newham.sch.uk

Key

- Crèche available
- Call to book
- Invite/referral only
- Online session
- SEND activities

All activities are subject to change.

All Family Hubs are accessible by public transport, and we strive to ensure they are easy to reach for everyone in the community.

Newham Family Hub Network - 1 January-31 March 2025

Monday

Family Navigator information Advice and guidance

9.30am-12pm, 1-3pm
Drop-in
Family Navigators provide a one stop shop for families to access information, advice and guidance.

Newham Nurture Pregnancy Session

10am-1pm
20 January, 3, 24 February, 10, 24 March
Term time only
Drop in – every 2 weeks

Baby & me

12.30-2.30pm
Term time only
0-2 years
Drop in – every 2 weeks

Parent Feedback

"I am writing to express my sincere appreciation for the exceptional service provided by your team in assisting me on behalf of my son. The support I received to get him enrolled in school was invaluable. I am truly grateful for your help."

Tuesday

Family Navigator information Advice and guidance

9.30am-12pm, 1-3pm
Drop-in
Family Navigators provide a one stop shop for families to access information, advice and guidance.

Stay & play baby and toddler

10-11am
Term time only
0-36 months
Drop in
Fun engaging activities for your child delivered from a community venue.

Newham Employment and Training Advisers Drop in

10am-12pm
We offer hands-on, targeted support to adults in the family as well as 17-19 year olds looking for further education or apprenticeships. Our support includes:

- CV writing
- Job interview skills
- Training opportunities in your area
- Volunteering opportunities
- Confidence building courses or registering with ESOL classes

Domestic Abuse Support Service (HESTIA)

10am-2pm
Drop-in
Hestia provides emotional and practical support to those experiencing domestic abuse.

Wednesday

Welcome to the world

1-2pm
6 January, 3 February, 3 March
Drop in
You are cordially invited to attend this session on any of the dates.
1pm Welcome to Family Hub @ East Ham Library
1.15pm Information on services for families
1.30pm Baby rhyme time session
1.45pmReceive your goodie bags & any questions

Baby feeding café

1-3pm
Drop in
A warm welcome, and chat with other parents. Arrive early if you need support from the Baby Feeding Team. Newham Baby Feeding Helpline 07534 249611.



Thursday

Family Navigator information Advice and guidance

9.30am-12pm
Drop-in
Family Navigators provide a one stop shop for families to access information, advice and guidance.

Our Newham

9.30am-12pm
Drop-in
Support across five programmes: Money, Work, Business & Enterprise, Learning & Skills and Youth.
Helping residents maximise their income, kick-starting career journeys. Come along to speak to Our Newham.

CGL – Newham Rise Drug-Alcohol support

1-3pm
Drop in Every Last Thursday of the month. One to one support, advice and information for children, young people, families and adults.

Newham Employment and Training Advisers Drop-in

1-3pm
We offer hands-on, targeted support to adults in the family as well as 17-19 year olds looking for further education or apprenticeships. Our support includes:

- CV writing
- Job interview skills
- Training opportunities in your area
- Volunteering opportunities
- Confidence building courses or registering with ESOL classes

Newham Family Hub Network - 1 January-31 March 2025

Family Hub@ Shipman

Unless otherwise stated, all activities are held at:

Family Hub@ Shipman

340 Prince Regent Lane, E16 3JH
020 3373 2555

Closure dates

23 December–1 January 2025

Buses to Prince Regent Lane (Shipman Youth Zone):

Bus Number	Route
147	From Ilford to Canning Town
241	From Stratford to Prince Regent Lane
325	From East Beckton to Prince Regent Lane
473	From North Woolwich to Stratford
474	From Canning Town to Manor Park

Nearest Bus Stops:

- Stop PC (Prince Regent Lane/Shipman Road – Buses 147, 241, 325, 474)
- Stop D (Prince Regent Lane – Buses 147, 474, 473)

Other venues

Alternatives Trust East London
494 Katherine Road E7 8NPD

Key

- Crèche available
- Call to book
- Invite/referral only
- Online session
- SEND activities

All activities are subject to change.

All Family Hubs are accessible by public transport, and we strive to ensure they are easy to reach for everyone in the community.

There will be **NO Family Hubs Sessions** at Shipman from **Monday 6th January until Friday 10th January 2025** due to internal maintenance work.
Sessions will resume on **Monday 13th January 2025.**

Monday

Specialist Health Visiting clinic

9am-2pm
Starting 6 January
Specially booked by our health visiting team.

Specialist Health Visiting clinic

9.30am-2pm
Specially booked by our health visiting team.

Story and Rhyme Stay and Play

10-11am
Term time only
Under 4s, drop-in
A play-based session aimed at assisting your child's early language and communication development.
Delivered by Edith Kerrison.

Citizens Advice

10am-1pm
Reception children up to year 11
Support for parent/carers with Consumer issues, Work-related difficulties, Financial Challenges and Housing Advice. To book an appointment to see an adviser please call 020 3880 2492 - leave a message with your name and number - Line is open on Mondays 10am-11:30am. An advisor will get in touch to book an appointment at the Shipman.

Tuesday

Dads Stay and Play (NCT)

10-11am
7, 21 January, 4, 18 February, 4, 18 March
0-2 years, drop-in
Support for new and expecting fathers with children up to 2 years old - because every dad deserves a helping hand on their parenting journey!

Music and Movement

10-11am
Term time only
18 months-under 5s, drop-in
A space for children to share and enjoy a variety of songs, rhymes, and music through Music & Movement. So do join us for a lively session that includes dance, music and rhyme – you will definitely have fun!
Delivered by BARD

Sister Circle

10am-12pm
Every Tuesday
Maternity Mates Group Support
Provides a welcoming space for pregnant women and women with children under 1 to share experience and connect with one another. The group offers sessions with health professionals, crèche, light refreshments, various activities and travel reimbursement.
For more information visit: : sistercircle.org.uk

Newham Family Hub Network - 1 January-31 March 2025

Coffee and chat

10am-12noon
14 January, 11 February, 11 March
Drop-in
A warm, safe and confidential space for parents/caregivers to connect and learn together.

Strengthening Families, Strengthening Communities

10.30am-1.30pm
Starts 4 March
Parents with children 0-17 years. This course helps parents and carers tackle parenting challenges, support school success, address bullying, and build confidence.
To book visit: tickettailor.com/events/londonboroughofnewhamcouncil1/1322748

Watch Me Play

11.30am-1.30pm - Term time
10am-12noon - School holidays
0-5 years
Watch Me Play is a small group session run for children 0-5 years with social communication difficulties and their families. The session is run by CAMHS. Please contact f.ruiz-tagle@nhs.net for further details and booking.
The session is run by Child Mental Health Services (CAMHS).

Youth Zone session

From 3pm - Term time
From 1.30pm - School holidays
See padlet for full details: padlet.com/YESLBN

Wednesday

Family Navigators

9.30-11.30am, 1-2.30pm
(No afternoon sessions on 22 January, 19 February, 19 March)
Drop-in
Family Navigators provide a one stop shop for families to access information, advice and guidance.

Our Newham (Money, Employment and Welfare advice)

9.30-11.30am
Drop-in
Do you require assistance, support or direction with regards to wellbeing, work, or money? Come along to Our Newham Drop in.

Employment and Training advice

9.30-11.30am
23, 30 October, 6, 13 November
Drop-in. Come along to meet one of our employment and training advisers – offering targeted support to adults in the family as well as 17-19 year olds looking for further education or apprenticeships.

Health visitors parenting workshop

9.30am-1pm
Fourth Wednesday of the month
Term time only
Sessions vary but will cover Fussy Eating, Weaning from 6 month & Oral Hygiene, Accident and Accident Prevention.
Speak to your local health visitor for more information.

Specialist Health Visiting clinic

9.30am-2pm - Term time
9.30am-12.30pm - School holidays
Specially booked by our health visiting team.

CGL Newham Rise Drug and Alcohol support

10am-12pm
Drop-in
One to one support, advice and information for children, young people, families and adults.

Pop in and Play Parents in Mind (Mums and birthing people)

10.30-11.45am - 15 January
1-2.15pm - 12 February
11am-12.15pm - 12 March
A drop in wellbeing session for mums and birthing people who are pregnant or have a baby up to the age of 2 years old. A chance to meet the team at Parents in Mind, find out about our services and take part in some wellbeing activities.

Parent Feedback:

“It’s a great pleasure to receive your support and assistance. Your guidance has made a significant impact on our family life. X is trying to do his best, and we are too. On behalf of my entire family, I want to extend our heartfelt thanks to you. Wishing you all the best.”

Food 4 Me Food Club

10.30-1pm
newham-self.achieveservice.com/service/NFA_Referral
The Newham Food Alliance can support you or a parent/carer you know who is facing financial difficulties and struggling to access enough food. If you have any questions or are unable to use this form, you can leave a message with the resident’s full name, full address (including postcode) and phone number on 07790 975 086 or email frontdoor@newhamfoodalliance.org. A member of the NFA front door team will respond as quickly as possible during working hours Monday-Friday (9am-5pm).

Perinatal Support Group

11am-12pm
20 November
Specially booked by our health visiting team.

Youth Zone session

From 3.30pm - Term time
From 1.30pm - School holidays
See padlet for full details:
padlet.com/YESLBN

Newham Family Hub Network - 1 January-31 March 2025

Thursday

Health Visiting

9.30am-12pm
Specially booked by our health visiting team. Book an appointment with your health visitor to discuss your child’s health and wellbeing.

EPEC ADHD

10am-12.30pm
Starting 23 January
Being a Parent ASD is for parents/carers with a child with autism or waiting an assessment. It is a peer led parenting programme. Includes:

- Strengthening parent- child bonds and relationship
- Parents learn a range of positive parenting skills
- How to better understand children’s feelings
- Value effective parent-child communication
- Build better, more resilient family relationships

To book on visit: tickettailor.com/events/londonboroughofnewhamcouncil1/1322748

Youth Zone session

From 3.30pm - Term time
From 1.30pm - School holidays
See padlet for full details:
padlet.com/YESLBN

Friday

Breakfast Club Cook Along (Nutrition Kitchen)

10-11.30am
First Friday of the month
Cooking activity for the whole family to help you be more active and make healthier choices.
Emai: Sandeep@nutrition-kitchen.co.uk
Tel: 07526 580621

Baby Feeding cafe

10am-12pm
Drop In
Come along with your baby to our friendly weekly drop-in. Have a cup of tea, chat with other mums, and get support from our Baby Feeding Team – for all parents including breast and bottle feeding.

Domestic Abuse support (Hestia)

10am-12pm
Drop In
A safe, confidential and non-judgemental place for anyone to come in and speak to a friendly Family Hub staff member in regards to their safety, wellbeing and to receive practical support.

Youth Zone session

From 12.30pm - Term time
From 1.30pm - School holidays
See padlet for full details:
padlet.com/YESLBN

Parent Feedback for Family Navigators

"I would like to appreciate the work that Family Navigators are doing in Newham, especially at East Ham Library and Shipman Youth Zone. When I was homeless with my 15-year-old daughter during a housing crisis, the support they provided for housing bids was life-changing. Now, God has used the Family Navigators to help me secure a brand-new property in Stratford for me and my daughter. I would like to say a big thank you to Vivian for the encouragement and guidance she gave us when we first visited the Family Navigator at East Ham Library. I truly appreciate the Family Navigator."



Family Hub @Manor Park Community Children's Centre

Unless otherwise stated, all activities are held at:

Family Hub @Manor Park Community Children's Centre

Sheringham Avenue, E12 5PB

020 8553 2479

mpccc@sheringham-nur.newham.sch.uk

sheringham-nur.org.uk/childrens-centre

Closure dates

Closed: Monday, 23 December–Monday, 6 January

Reopens: Tuesday, 7 January

Buses to Manor Park:

Bus Number	Route
25, 425, 86	From Stratford
W19	From Walthamstow via Wanstead
147	Nearby

Nearest Bus Stops:

Little Ilford Lane

Distance from Manor Park Station:

Approximately a 15-minute walk

Other venues

Manor Park Library
685-693 Romford Road, E15 5AD

Jack Cornwell Community Centre
Jack Cornwell Street, E12 5NN

Salisbury Primary School
495 High Street North, E12 6TH

Sheringham Nursery School
Sheringham Avenue, E12 5PB

Sir John Heron Primary School
School Road, E12 5PY

Key

- Crèche available
- Call to book
- Invite/referral only
- Online session
- SEND activities

All activities are subject to change.

All Family Hubs are accessible by public transport, and we strive to ensure they are easy to reach for everyone in the community.

Monday

Story and Rhyme Time

10-11am
Starts 13 January
Term time only
Manor Park Library
0-5 years, drop-in
Songs and creative activities in the library.

Stay and Play Baby Explorers

1.30-3pm
Starts 13 January
Term time only
Jack Cornwell Community Centre
0-18 months, drop-in
Play and exploration session for babies.

Tuesday

Little Champions

9.30-10.30am
Starts 7 January
Sheringham Nursery
Targeted service
0-5 years, drop-in
Stay & Play session focusing on supporting children with additional needs. Please note: Due to restricted capacity and staffing we cannot allow siblings to attend.

Hestia Drop in Surgery

9.30am-12pm
Starts 7 January
Sheringham Nursery
Drop-in
Emotional and practical support for victims of domestic abuse.

English For Speakers Of Other Languages (ESOL)

1-3pm
Starts 7 January
Term time only
Sheringham Nursery
English learning course for parents/ carers of children attending Sheringham Nursery or Sheringham Primary School.

Stay and Play Baby Explorers

1.30-2.30pm
Term time only
Sir John Heron Primary School
Drop-in
Please use entrance on Fourth Avenue
Play and exploration session for babies.

Weaning Session in Baby Explorers

1.30-2.30pm
28 January, 28 February, 25 March
Led by the Health Visiting team
Health visitor will attend Baby Explorers Group @ Sir John Heron Primary School

Newham Family Hub Network - 1 January-31 March 2025

Wednesday

Stay and Play

9-10.30am
Starts 8 January
Term time only
Sheringham Nursery
0-5 years, drop-in
Indoor and outdoor play in a good quality early years environment.

Health Visitor Clinic

9.30-11.30am
8 January, 12 February, 12 March
Sheringham Nursery
0-5 years
Weighing and general check-up.

Minor Ailments and Accident Prevention

9.30-11.30am
Dates to be confirmed
Led by the Health Visiting team

Tea and Talk

1-2.30pm
8, 15, 22 January, 5, 12 February, 5, 12, 19 March
Sheringham Nursery
Drop-in
Join the Tea and Talk group for a well-deserved time out. Various activities and guest speakers.

Dads Group

1-2.30pm
29 January, 26 February, 26 March
Sheringham Nursery
Drop-in
Join the Tea and Talk group for a well-deserved time out. Various activities and guest speakers.

E-PAtS

1-3pm
Dates to be confirmed
Sheringham Nursery
Targeted Service
8 weeks course for parents with children under the age of 5 who have a learning or developmental disability.

Thursday

Stay and Play

9-10.30am
9 January - 27 February
Term time only
Sheringham Nursery
0-5 years, drop-in
Indoor and outdoor play in a good quality early years environment.

Little Talkers

9.30-10.30am
6 March - 3 April
Sheringham Nursery
Targeted Service
0-5 years
5 weeks programme focusing on supporting children's early language and communication.

NCT Parents in Mind

10-11.30am
9, 23 January, 6 February, 6, 20 March
Sheringham Nursery
A friendly space for pregnant or new mums to talk and gain support.

Infant Feeding Café

10am-12pm
Starts 9 January
Sheringham Nursery
0-5 years
Come along with your baby, get support from our Baby Feeding Team and meet other mums.

Active Stay and Play

1.30-3pm
Term time only
Starts 9 January
Jack Cornwell Community Centre
0-5 years, drop-in
Stay and play with a focus on physical development. Speech and Language Therapist will attend the session on 6 February.

Friday

Buttercups

9.30-11am
Term time only
Sheringham Nursery
Targeted Service
5 weeks targeted intervention group which focuses on supporting families who have children presenting with additional needs. Please speak to your health visitor for a referral.

Family Navigators

1-3pm
Starts 10 January
Sheringham Nursery
Family Navigators help families find and access support in Newham.Criteria for Family Navigator referral is:

- Have to be a parent of a child under 18 who lives with them currently (or under 25 if child has additional needs)
- Living in Newham

Stay and Play

1.30-3pm
Starts 10 January
Term time only
Salisbury Primary School
0-5 years, drop-in
Indoor and outdoor play in a good quality early years environment..

Saturday

Family Stay and Play

10-11.30am
25 January, 22 February, 29 March
Sheringham Nursery
0-8 years, drop-in
Indoor and outdoor play in a good quality early years environment.

Newham Family Hub Network - 1 January-31 March 2025

Half Term 17-21 February

Trip: Museum of Childhood, Bethnal Green
18 February
10am-2pm
0-8 years

Hestia Drop in Surgery
18 February
9.30am-12pm
Sheringham Nursery
Emotional and practical support for victims of domestic abuse.

Stay and Play
19 February
10-11.30am, 1.30-3pm
Sheringham Nursery
0-8 years, drop-in
Indoor and outdoor play in a good quality early years environment.

Stay and Play
20 February
10-11.30am
Sheringham Nursery
0-8 year
Indoor and outdoor play in a good quality early years environment.

Active Stay and Play
20 February
1.30-3pm
Jack Cornwell Community Centre
0-8 years, drop-in
Stay and play with a focus on physical development.

Infant Feeding Café
20 February
10am-12pm
Sheringham Nursery and Children's Centre
Drop-in
Come along with your baby, get support from our Baby Feeding Team and meet other mums.

Family Navigators
21 February
1-3pm
Sheringham Nursery
Family Navigators help families find and access support in Newham.
Criteria for Family Navigator referral is:

- Have to be a parent of a child under 18 who lives with them currently (or under 25 if child has additional needs) Living in Newham

Stay and Play
21 February
1.30-3pm
Salisbury Primary School
0-8 years, drop-in
Indoor and outdoor play in a good quality early years environment.

Upcoming workshops

Bedtime Routine workshop
23 January
1.30-2.30pm
Practical tips and strategies to help you establish good bedtime routines for a peaceful night's sleep.

Bottle to Cup Workshop
13 February
1.30-2.30pm
Practical tips and strategies to help your child move away from the bottle and on to the cup.

Positive Behaviour Workshop
27 February
1.30-2.30pm
Practical tips and strategies to support your child's behaviour.

Toilet Training Workshop
6 March
1.30-2.30pm
Practical tips and strategies to help you in toilet training your child.

Shelter Workshop
28 April
1.30-2.30pm
Workshop led by a Shelter Advice, Support and Guidance Worker. Topic to be confirmed. No crèche facilities

Parent Feedback

"I'm really glad to know about this organisation. Family Hub is very helpful for people. When I was frustrated with my child's school and didn't know what to do, I went there trying to find the council office. That's when I learned about this organization. At first, I didn't even know what it was, but I felt very comfortable when I spoke with you. You helped me a lot and gave me guidance. To be honest, I don't feel stressed anymore because I believe if I face any problems in the future, the Family Hub will help me."



Newham Family Hub Network - 1 January-31 March 2025

Newham Children's Centres

The Children's Centres in Newham provide tailored services such as parenting workshops, baby and toddler groups, health checkups, and early learning activities focused on language development and social skills. Each center offers support like play sessions, health visitor appointments, and school readiness programs, creating a strong support network for families with children aged 0-5 to promote both child development and family wellbeing.

West: Stratford, Forest Gate and West

- Rebecca Cheetham Children's Centre
- Kay Rowe & Maryland Children's Centre

East: Manor Park, Little Ilford and Green Street

- Manor Park Community Children's Centre
- St Stephen's Children's Centre

Central: East Ham and Plaistow

- Altmore Children's Centre
- Oliver Thomas Children's Centre
- Plaistow Children's Centre

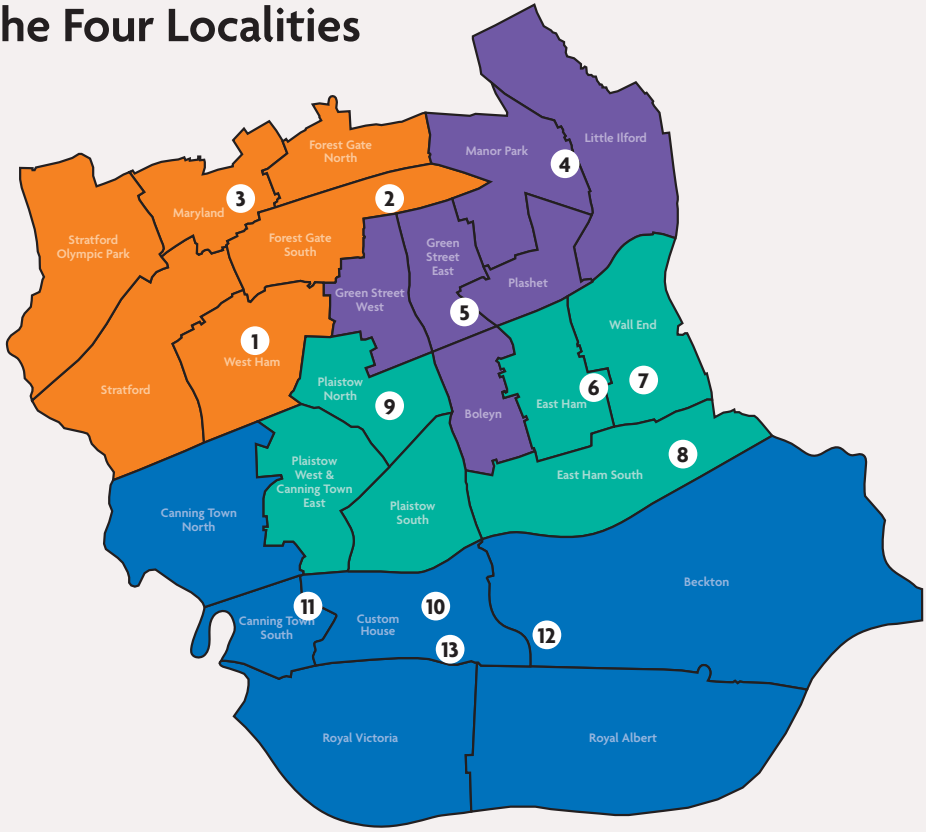
South: Custom House, Canning Town and Beckton and Royal Docks

- Edith Kerrison Children's Centre
- Keir Hardie Children's Centre
- Beckton and Royal Docks Children's Centre

View all Children's Centre timetables at: families.newham.gov.uk/kb5/newham/directory/family.page?familychannel=10

NEWHAM
FAMILY HUB
NETWORK

The Four Localities



West: Stratford, Forest Gate and West Ham

1. Rebecca Cheetham Children's Centre
2. Kay Rowe Children's Centre
3. Maryland Children's Centre

East: Manor Park, Little Ilford and Green Street

4. Family Hub @Manor Park Community Children's Centre
5. St Stephen's Children's Centre

Central: East Ham and Plaistow

6. Family Hub @East Ham Library
7. Altmore Children's Centre
8. Oliver Thomas Children's Centre
9. Plaistow Children's Centre

South: Custom House, Canning Town and Beckton and Royal Docks

10. Edith Kerrison Children's Centre
11. Keir Hardie Children's Centre
12. Beckton and Royal Docks Children's Centre
13. Family Hub @Shipman Youth Zone